

What is the Virtual Kitchen?

The Virtual Kitchen provides access to online tutorials, video clips, quizzes and other resources relating to the catering and hospitality industry

1. How can I access it?

- Log on to Moodle:

<http://moodle.hull-college.ac.uk>

- Click on the 'All Courses' link at the bottom left-hand side of the home page
- Click on the 'Catering' link
- Click on the 'Virtual Kitchen' link. From now on, a direct link to the Virtual Kitchen should appear on your Moodle home page

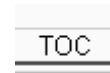
2. Using the Virtual Kitchen

- Subjects in the Virtual Kitchen are divided by level. Click on the unit you are interested in
- You will be taken to a table of contents. Most units of the Virtual Kitchen provide a theory tutorial to work through, video demonstrations, and a quiz to check to your knowledge. Click on the section that you want to use
- In a theory section, click on a menu link to view the topic you are interested in. In other sections, click on the numbered rectangles at the bottom of the screen to move from one topic to another

1	Level 1
	Unit 101 - Introduction to the catering and hospitality industry
	Unit 102 - Food safety in catering
	Unit 103 - Health and safety awareness
	Unit 104 - Healthier foods and special diets
	Unit 105 - Kitchen equipment
	Unit 106 - Personal workplace skills
	Unit 107 - Boiling, poaching and steaming
	Unit 108 - Stewing and braising
	Unit 109 - Baking, roasting and grilling
	Unit 110 - Deep and shallow frying
	Unit 111 - Regeneration of prepared foods
	Unit 112 - Cold food preparation
	Image Bank
	Interactive food map



- Whatever section you are in, you can click on the TOC button at the top of the screen to return to that unit's table of contents
- Other Virtual Kitchen features that you can browse through include a collection of images and interactive maps of the UK showing where particular foodstuffs come from



3. Viewing video demonstrations

- Wait until the video clip you want to watch has finished loading, then click on **Play**
- Click on the **Captions** button if you want to view captions while playing the video

<http://library.hull-college.ac.uk>

This document is available in an alternative format upon request.