

What is the Virtual Kitchen?

The Virtual Kitchen provides access to online tutorials, video clips, quizzes and other resources relating to the catering and hospitality industry

1. How can I access it?

- Log on to Moodle:

<http://moodle.hull-college.ac.uk>

- Click on the 'All Courses' link at the bottom left-hand side of the home page
- Click on the 'Catering' link
- Click on the 'Virtual Kitchen' link. From now on, a direct link to the Virtual Kitchen should appear on your Moodle home page

2. Using the Virtual Kitchen

- Subjects in the Virtual Kitchen are divided by level. Click on the unit you are interested in

1 Level 1

- Unit 101 - Introduction to the catering and hospitality industry
- Unit 102 - Food safety in catering
- Unit 103 - Health and safety awareness
- Unit 104 - Healthier foods and special diets
- Unit 105 - Kitchen equipment
- Unit 106 - Personal workplace skills
- Unit 107 - Boiling, poaching and steaming
- Unit 108 - Stewing and braising
- Unit 109 - Baking, roasting and grilling
- Unit 110 - Deep and shallow frying
- Unit 111 - Regeneration of prepared foods
- Unit 112 - Cold food preparation
- Image Bank
- Interactive food map

- You will be taken to a table of contents. Most units of the Virtual Kitchen provide a theory tutorial to work through, video demonstrations, and a quiz to check to your knowledge. Click on the section that you want to use
- In a theory section, click on a menu link to view the topic you are interested in. In other sections, click on the numbered rectangles at the bottom of the screen to move from one topic to another



- Whatever section you are in, you can click on the TOC button at the top of the screen to return to that unit's table of contents
- Other Virtual Kitchen features that you can browse through include a collection of images and interactive maps of the UK showing where particular foodstuffs come from



3. Viewing video demonstrations

- Wait until the video clip you want to watch has finished loading, then click on **Play**
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- Click on the **Captions** button if you want to view captions while playing the video

<http://library.hull-college.ac.uk>